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have new ideas for an old-fashioned Christmas.

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Revco's Low, Everyday Discount Price $27.99
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16 oz. Assorted sugar cookies with festive designs.
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All Filled, or All Hard Bags. 14 oz.
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8 oz.
Rich, dark chocolate on the outside, cherry and liquid center
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The versatile styling brush that curls, shapes, adds body to your hair
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Lightweight, powerful hair dryer for professional styling.
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3-Quart With removable bowl and see-through top.
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In assorted festive designs.
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A delightful, alluring fragrance.
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Includes 3½ fl. oz. splash, 2½ oz. stick deodorant.
REVCO'S LOW, EVERYDAY DISCOUNT PRICE $2.69

OLD SPICE GIFT SET No. 3305
Includes 2½ fl. oz. after shave, 5 oz. soap-on-a-rope.
REVCO'S LOW, EVERYDAY DISCOUNT PRICE $4.29

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After Shave - 3.5 fl. oz.
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BRUT 33 SOAP-ON-A-ROPE
5 oz. With a fresh, masculine fragrance.
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1.25 fl. oz.
A fragrance he'll remember!
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REVLON "MEET CHARLIE" GIFT SET
Includes conc. cologne, 1 fl. oz. and conc. cologne spray, .55 fl. oz.
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REVCO KNEE-HI STOCKINGS
Terrific stocking stuffer.
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CHIMERE SPRAY COLOGNE
By Prince Matchabelli. .75 fl. oz.
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Tips on proper handling of food

Keep your food safe to eat during the holidays

Keeping Food Safe To Eat For the Holidays

Poor food handling practices in the home often cause illness in the family. Even though the foods were safe to eat when purchased or first prepared, lack of sanitation, insufficient cooking and improper storage can allow bacteria in food to increase to dangerous levels. Some bacteria produce poisonous substances called toxins that cause illness when the food is eaten. One of the worst offenders as far as poor food handling practices is concerned is improper storage. Many people will set food in a cooler area and not store it in the refrigerator after it has been prepared.

Store unfrozen raw meat, poultry and fish in the refrigerator. Keep commercially frozen meat in the freezer until the time to thaw and then it should be thawed in the refrigerator. Do not pull a turkey or hen out and set it on the counter and let it thaw in a heat room.

Do not stuff uncooked meat, poultry or fish and hold it in the refrigerator. If the stuffing is made in advance, store it separately in the refrigerator. Remove all stuffing from leftover cooked meat, poultry or fish before cooling and storing in the refrigerator. Refrigerate stuffing in a separate container. Refrigerate broth or gravy immediately after the meal. Many people will set the broth or gravy or stuffing aside in a cooler room such as a food pantry and leave it for the next meal.

Store cold cuts in the refrigerator or cooler, never at room temperatures for more than two to three hours.

Freeze cooked meat, poultry, stuffing and gravy if you want to keep them longer than a few days.

Remember the Golden Rule of food safety, "Keep hot foods hot (above 140°F.) and cold foods cold (below 40°F.) Food may not be safe to eat if held more than two to three hours at temperatures between the 60 ° and 125° F -- the zone where bacteria grows rapidly.

Please be cautious about your canned foods also. We assume that any can of food is safe, but let me caution you about some things to look for:

1. Dirty labels -- This would indicate the food has either been on the supermarket shelf or on your shelf too long. I would suggest that you date your food when you buy it in the supermarket.

2. Seeping liquid -- A can that has seeping liquid from it can have very dangerous contents.

3. Rusty seams on cans -- Any can with a rusty seam should be thrown away and its contents not eaten.

4. Dented or bulging cans also indicate that the contents would not be safe to eat.

At this time of year many of us will pull canned goods off of our shelves to share with those less fortunate. Please be sure to check the cans that you are giving away just as carefully as you would cans that you are going to be using for your family.

Homemakers, good luck with your Christmas preparations. If you have a homemaking question or problem, you may call us at 352-8244 or write us at P.O. Box 488, Appomattox, VA 24522.

RECIPE OF THE WEEK
Monkey Cake
30 canned biscuits, cut into quarters
1 Tablespoon cinnamon
½ cup sugar
1¼ sticks butter
1 cup sugar

Oven temperature 350°. Mix cinnamon and ½ cup sugar. Put mixture in bag and shake few pieces of biscuit at a time until well coated. Press into well-greased bundt pan. Place butter and one cup sugar in saucepan. Bring to a boil. Pour over biscuit pieces. Bake 30 minutes separately or 35 to 40 minutes with oven meal.

Good news for homemakers

Happiness is 4-H

BY FRANK H. SWEET

4-H members and their chaperones from Oconto County, Wisconsin will be visiting in Appomattox County during the week of July 8 - 15, 1981. The Wisconsin 4-H'ers visit this coming summer will be the first half of an Interstate Exchange program. A group of Appomattox 4-H'ers will travel to Wisconsin during the summer of 1982. We are currently in the process of identifying potential host families for the 4-H Exchange Group. If your family may be interested, please give us a call at the Extension Office.

• • •

4-H Pine Seedling orders have been handed out to many 4-H'ers. Parents are asked to assist with the completion of these order forms. The tree seedling orders must be turned in by January 22.

• • •

If you're still looking for a Christmas gift idea, especially one that doesn't need batteries or make noise from outer space, one suggestion might be a bird feeder. Many hours of family enjoyment may come from trying to identify visitors to a bird feeder.

• • •

4-H members who have participated in the Rifle Safety Class at 4-H Camp and completed the hunter safety program have a great opportunity to participate in a special essay contest sponsored by the Marlin Firearms Company. Young people meeting the requirements may write an essay on the topic "What I Should Do To Preserve the Sport of Hunting." Special awards are available for all who participate. The deadline for entries is May 1, 1981. We have ordered some entry forms and should have these in the Extension Office in the next week or so.

• • •

4-H members should start looking ahead to the 4-H Public Speaking which will be held in late January or early February. About 200 4-H'ers take part in public speaking each year.

Dividend announced

The Board of Directors of Farmers National Bank of Appomattox has declared a semi-annual dividend of $1.00 per share payable December 31, 1980 to shareholders on record December 9, 1980.

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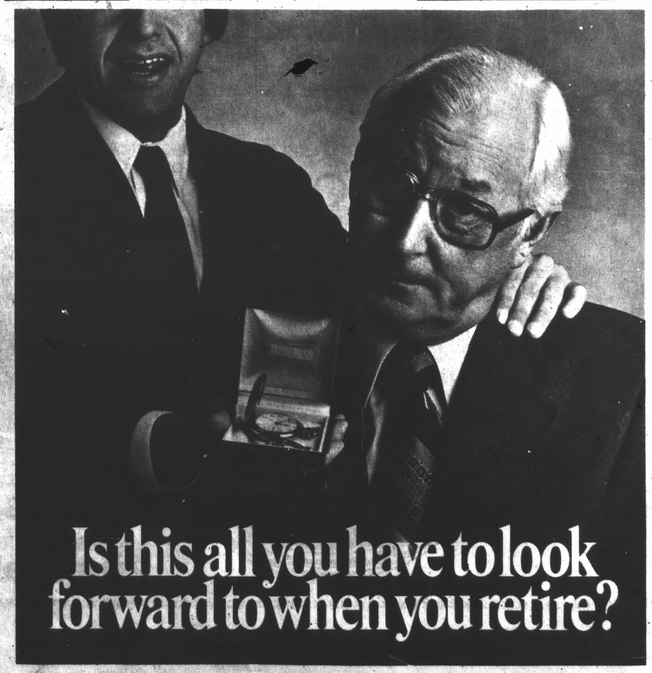

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Deadline for opening a Keogh plan for 1980 is December 31, 1980.